**Carbohydrates, Dairy and Protein in French vocabulary list**

rice – le riz

cereal – les céréales

bread – le pain

pasta – les pâtes

noodles – les nouilles

butter – le beurre

cheese – le fromage

yoghurt - le yaourt

egg – l’oeuf

fish – le poisson

meat – la viande

nuts – les fruits secs

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